

# The Almighty Dragon General

Chapter 770

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“Wait, what?”

Both of them looked at James with their mouths agape. James continued to elaborate on his earlier point, “The medical skills I learned ten years ago were from the first volume, and this

book is the second volume of the same series. It has records on how to use the Crucifier in its full capacity.”

The second volume of the Medical Book was beyond anything James could imagine.

Not only did it have texts on cultivation methods and how to use True Energy, but it also explained further applications of the Crucifier.

The first volume of the medical book was akin to a book on the letters of the alphabet, while the second volume taught one how to combine said letters to form different words.

Once she realized the implications of James’ words, her eyes lit up. “So, you’re not going to die?”

“Mhm.”

James responded affirmatively and said, “I can learn how to cultivate True Energy with this book. The venom in my body will

naturally dissipate when I cultivate True Energy.”  
“That’s such amazing news!” Quincy was thrilled.  
“I never expected you to have already reached the  
threshold of cultivating energy.”

The Blithe King looked at James, surprise clearly  
written on his face.

James’ strength exceeded anything he ever expected.  
“What?”

James turned to the Blithe King and asked, “Do you  
possibly also know that grandmasters exist?”

“Yeah.” The Blithe King nodded.

Shortly after, he quickly excused himself, “Since you  
seem to be alright, I’ll just get back to work”

The Blithe King did not explain himself and left after  
having said that.

James frowned as he watched the Blithe King walk  
away.

He had only recently learned about all this. He never  
expected the Blithe King to have prior knowledge on  
this topic. On top of  
that, the Blithe King seemed to have a lot on his mind  
at  
that moment.

Despite his suspicions, James did not bother dwelling  
on it.

Quincy gently tapped his shoulder. “James, are you  
hungry?”

“Yes. I’m a little bit hungry.” James nodded lightly.

Quincy quickly left to get him some food.

Meanwhile, James continued lying in the hospital bed with the thick book in his hands.

The book’s first chapter introduced the concept of True Energy, the cultivation method behind it, and how to circulate it

throughout his body.

What exactly was True Energy? Energy is a human’s foundation. According to the Medical Book, everyone’s body contains

energy. This energy comes in three forms, blood, essence, and spirit. The stronger the body’s energy, the stronger its selfhealing

abilities. When the energy within one’s body reaches a certain level, he can disperse and condense said energy.

This

allows him to exert a terrifying burst of strength in situations that require it.

“Meditation, concentration, and perception.”

“From head to toe, one’s thoughts must be unified.”

James carefully reviewed the Medical Book Volume Two and slowly ruminated on the information about the book’s owner’s

understanding of True Energy.

The words were profound but not hard to understand.

James followed the steps listed in the book.

He slowly steadied his heart, relaxing his mind bit by bit, and clearing his mind of erroneous thoughts.

Through this method, he began to sense the energy within his body. Slowly from his brain all the way down to his toes, he could feel the flow of blood and a rush of energy flowing through his veins. It was barely there, but he could feel it nonetheless.

“James...”

A voice suddenly interrupted his meditation. James’ consciousness was also pulled back to reality. The small, well of energy in his body also dissipated in an instant.

“It’s time to eat.”

James turned to Quincy, who had brought him food.

He put down the medical book he was holding

After meditating for a short while, he could

immediately sense that his mental state had improved

“Your complexion looks a lot better now.” Quincy put

the food on the table and mentioned it after she saw

that some color had

returned to James’ face which had been as pale as death.

“Mhm.”

James agreed with her. “The Medical Book’s second volume is incredible. It describes meditation methods that quickly expel

fatigue and speed up circulation. It says that blood is a human's core and as long as one had a healthy blood flow, any sickness is curable." "I don't understand." Quincy shook her head. The things James was explaining were too profound.

The Novel will be updated daily. Come back and continue reading tomorrow, everyone!

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