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However, this layer of paper is precisely the most difficult.

Because he can't find it at all, where is this layer of paper? Since he can't find it, how can he poke it?

However, Lin Ziming believed that he would be able to find the position of this layer of paper, and then pierced and broke through in one fell swoop!

Even though he is now half-step through the Divine Realm, in the championship game, he also killed Romere and others in a crushing posture, but he still suffered a lot of physical trauma.

It's just that these wounds seem to be very minor, and they don't affect him very much at the moment, but if they have not been repaired, over time, after getting older, these wounds will slowly be magnified.

In fact, not just martial artists, everyone will suffer various traumas as they grow up. Even if it is a fall or bump, there will be minor traumas. When you are young, you have a strong recovery ability and don't think there is anything.

But in fact, they are not completely repaired. There are still a little sequelae, just like a worn-out machine. Although it seems to be repaired, the mechanism is still damaged, and it is not as complete as the original.

The same is true of people.

As Lin Ziming's realm improved, Lin Ziming felt more and more that the human body is also a machine, and it will continue to be traumatized as it grows.

For the vast majority of people, it cannot be repaired, even the most advanced medicine cannot repair it.

Only when he reached his realm and achieved the realm of powering the gods, could he accurately repair it.

The so-called Tongshen does not really become a god.

The "God" mentioned here is not the god in the mythological concept, but himself.

Tongshen means to be able to see oneself and to recognize oneself more accurately!

Just as Lin Ziming is now in a state of meditation, he can see himself, and can see every organ and part of his body, which is a feeling that cannot be described in traditional language.

This kind of seeing is not "seeing" with eyes in the traditional sense, but a kind of perception, a kind of mastery.

Lin Ziming now saw the outline of his whole body, as well as the wounds he suffered in various life and battles.

These traumas, for his current physique, are hardly even a mere dime.

However, if he does not have a complete repair, these wounds will unknowingly magnify and deepen over time!

Like many terminal illnesses, in fact, it is a minor problem at the beginning. When there is no repair, it will develop into a serious illness step by step, or even a terminal illness.

Lin Ziming saw these wounds of his own, and he could find that if he never repaired it, it would slowly expand in another 30 to 40 years, and it would become a huge obstacle to his progress!

And in another fifty to sixty years, he will even become the culprit who took his life.

In fact, this is also one of the main reasons why people die of old age, sickness and death.

The reason why people age is not only the decline in cell activity, but also the various traumas of youth.

So Lin Ziming is about to start repairing now, and at the same time he also has a deeper understanding of the God-Throughout Realm.