

ARMIPOTENT Chapter 71

Early in the morning, Fogged Park

The Fogged Apes were looking at the group of a human running around at their flat ground.

The apes looked at the human as entertainment as they had nothing to do this early morning.

Next to Pride, there was an ape that was interested in what the human doing so he asked, "What are they doing, Chief?"

Pride looked at his subordinate and looked back at the human. They were running together in a line, in an orderly manner. He wanted to answer he did not know but he did not want to appear not knowledgeable in front of his subordinate.

If it was before, he would reply with "I don't know!" immediately but since Tang Shaoyang's teaching, he wanted to build a good image in front of his subordinate just like his Master.

He tried to recall Tang Shaoyang's words early in the morning.

"Let me borrow your ground for an exercise!"

That was his Master's word. Pride glanced at his curious subordinate that looked at the people who still ran.

"They are exercising!"

"Exercising..." The Fogged Ape muttered while nodding his head.

'Exercising? So running around in a group is exercising? What's that for anyway?'

Meanwhile, on the other side, Pride saw his Master as well. He was running around with a big log tied to his waist.

'Does Master also exercise? Should I join him too?'

Pride was tempted to join, running around with a big log tied on his waist.

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Tang Shaoyang was indeed exercising. It was just that he did not do this of his will but under his Teacher's order.

Zaneos asked him to do this, warming up before the actual training. With the system and attribute, physical training was worthless. At least, it was Tang Shaoyang's train of thought which was understandable.

He controlled his breathing properly under Zaneos's instruction. With proper breathing, running with a log on his waist was not that tiring at all. He had been doing this for an hour and he was barely sweating from the workout.

"Alright, that's enough! Five minutes break!"

Zaneos's voice rang in Tang Shaoyang's head.

"Sit down! Cross your legs and follow my instruction!"

Tang Shaoyang obediently followed the instruction. He closed his eyes and followed the instructions.

After two minutes, Tang Shaoyang opened his eyes and to his surprise, he breathed out hot air. He could feel his mouth was slightly hot.

Just as he was about to ask Zaneos about the hot air, the cold robotic voice rang in his head.

[You have entered the Training State for 01:03:47! Your Stamina has increased by 4!]

Tang Shaoyang's eyes widened in surprise. He did not expect that running with a log tied on his waist would increase his Stamina. The warming up was not useless at all.

He immediately checked his status.

"Status!"

Name: Tang Shaoyang

Class: Spirit Contractor

Age: 26

Affiliation: Tang Empire

Level: 61

Talent: Divine Body

Attribute Point: 0

Strength: 217

Agility: 70

Vitality: 137

Stamina: 70

Magic Power: 52

Sense: 11

Skill Point: 0

Skill: [Basic Detection], [Spirit Summoning - Lvl 2], [Spirit Contract - Lvl 1], [Spirit Integration - Lvl 1]

Contracted Spirit (2/3): [Karan - The Great Warrior] [Zaneos - The Demon Swordsman]

Before this morning, his Stamina was 66, and it was 70 now. It was not a scam and he also discovered something that would help his force to grow strong. Leveling up was not the only way to increase the attribute, training also increased the attribute.

4 Stamina, it meant he needed leveling up two times. It was a huge boost.

"What's wrong, you seem surprised?" Zaneos noticed Tang Shaoyang's strangeness and asked out.

Tang Shaoyang without hesitation told Zaneos about his Stamina increase.

"Hmmm... so how that work..." That was Zaneos's responses. He was not as excited as Tang Shaoyang, as if he did not care about the attributes.

"I have a request, Zaneos!" Tang Shaoyang was getting serious as he thought of something.

"Oh, what is it?" Zaneos asked back.

"Can I teach them your breathing technique?" Tang Shaoyang spoke out his mind as he pointed at the group who was also running.

On the other side, Zhang Mengyao was leading the first hundred Tarrriors. This was not training for their body something like that, it was more for discipline.

However, now, Tang Shaoyang had a plan in his mind. If the breathing technique could help him enter the training state, then it could be used for his people as well. It would be a huge boost for his force if they could increase their attribute with an exercise like this.

The key was the training state. If they could enter the training state like him, increasing the attribute would be easier. More than that, he could try to nurture the next batch Tarrrior properly.

Tang Shaoyang thought the key was the breathing technique Zaneos taught him hence he made such a request to Zaneos.

"So do you think it was my breathing technique that helped you to enter the training state?" Zaneos asked Heero.

Just now, Zaneos was trying to figure out what made Tang Shaoyang enter the Training State. If his breathing technique was the key, then his breathing technique was extremely powerful.

"Otherwise?" Tang Shaoyang asked back.

He did nothing that special during an hour of exercise. If there was something special, it was the breathing technique Zaneos taught him.

"What about Talent? It maybe has something to do with your talent as well! There are so many possibilities we could not think of too but teaching your people my breathing technique is worth trying,"

Zaneos revealed his thoughts to Tang Shaoyang.

"You are right!" Tang Shaoyang nodded his head, there were so many possibilities. With the addition, his taken that far superior to his people, it could be the factor as well.

However, since he got Zaneos's permission to teach his people the breathing technique, he would still teach them the breathing technique.

"Let's figure out about that later. We should continue with my training!" Tang Shaoyang then got up from the ground.

At this round, the group was about to pass him. He found there were over twenty girls in the group. It was quite a lot for the girls to join the army.

As he was about to turn around, he found a familiar face.

"Ah, she joined as well!"

The "she" in his mouth was Li Na. She left an impression on him. It was hard for him to not notice her.

In the first meeting, she led him to the man he hated, Lu Wen. The second time they met was on the bed as she wanted to get an easy job. The third time they met was in the battle against the second zombie horde.

He thought the girl volunteered to fight the zombie horde because they lacked the manpower, but it seemed not. She was committed to being in the frontline by joining Tarrior.

"Mengyao is also doing good. She could make them listen to her even without my help!"

Tang Shaoyang nodded his head with a satisfied smile on his face. His force was growing smoothly albeit a little slower because of the big battle. He was still satisfied with what he had now.

After that, he turned around and went to space. He was going to continue his training.