

Baby alliance: helping daddy get a rich mommy chapter 648

Selena and her children had just arrived home when Jordyn rushed up to them in a blaze. When she saw Juniper, she picked her up and kissed her several times.

“My goodness, I’d never slept so well! I can’t believe that I woke up late in the morning! You know what? It was the first time in my life that I was late!” Jordyn felt immensely proud of her tardiness. “Did you sleep well?” Selena asked.

“Yes... it was my best sleep!” Jordyn felt like she was dreaming when she recalled what happened yesterday. “Last night, as usual, I did not even think about going to bed at 9.00PM, but as a result, I began to yawn at 8.00PM, which had never happened in the past!”

Jordyn picked up Juniper and continued, “Little Doctor, you’re really too amazing. I actually slept until dawn without dreaming at all. Then, the alarm clock that went off as usual also failed to wake me up, and I was late.”

Selena looked at Jordyn’s glowing appearance and was genuinely happy for her. “Little Doctor, I’m sorry. I shouldn’t have said those things yesterday. I sincerely apologize to you, okay?”

Juniper huffed and turned away. “Look, she’s still holding a grudge!” Jordyn and Selena laughed. “Hey, Little Doctor, I now know that I was wrong, okay? Next time, I won’t dare to belittle a little brat like you.”

“I’m not a little brat!” “Yes, yes, yes. You’re not a little brat—you’re a doctor!” Hearing that, Juniper laughed as well. “Little Doctor, you should give me another moxibustion session quickly. I want to sleep comfortably tonight.”

Juniper shook her head. “There’s no need to do it today. One session should be enough to improve your sleep for the coming week. The best effect will be during these three days. So, you’ll just need to do it again in a week.”

“Is that so? How amazing! It works better than taking sleeping pills! Selena, thank you so much!” Jordyn thanked Selena from the bottom of her heart.

“Don’t mention it, Jordyn.”

“Ms. Cole, you need to quit coffee and sleeping pills. If you don’t have much energy during the day, you can put some ginseng pieces in your mouth. Besides, don’t tire yourself out too much at work; it’s best to go to bed early and get up early every day. Also, don’t exercise after dark.” Juniper spoke eloquently.

Jordyn was very surprised. “Why can’t I exercise after dark?”

“You should work when the sun is up, and rest when the sun goes down. This has always been the rule passed down since many generations ago. During the day, we absorb yang energy, while at night, we absorb yin energy. If you exercise after dark, you’re spending yang energy; if you stay up late, you’re absorbing too much yin energy. The imbalance of energy between day and night will cause one to get sick.” Juniper thought for a moment and continued, “But you should continue to exercise because the

muscles are connected to the spleen, and so it will strengthen it. When the spleen functions well, the body will be much healthier too.”

“Okay, sure. I’ll listen to you! From now on, I will only listen to you, little brat—oh, sorry, Little Doctor!”

In the evening, after Selena put the children to bed, she suddenly felt a little afraid when she recalled the incident today. She felt that it would be so much better with Pierre around; at least no one would dare to harm her so blatantly.

Standing by the window, Selena looked up at the moon outside. The phone rang at this time, and she froze when she saw the number on the phone screen. For a moment, she even thought she was hallucinating!

She rubbed her eyes, but the phone was still ringing, and it was still the same number. Trembling, she pressed the answer button.

“Hello?”

“Did you miss me?”

The moment Selena heard that familiar voice ringing in her ears through the receiver, tears began to fill up her eyes.

By now, he has been gone for more than a month, right?