

Chapter 2021– 2022 of A Dish Best Served Cold Novel

Chapter 2021 Denren' s Loss

On the training ground, Mark's faint words echoed.

The words are very straightforward and cruel.

But what was even more cruel was that what Mark said turned out to be true.

Today's Croven Li, not to mention threatening Mark, is that he has no qualifications to become Mark's opponent.

After talking with Croven Li, Mark immediately turned and walked towards Sara Ma, and also included him in the Azure Dragon team.

Perhaps these two people are not the ones with the best physical conditions.

But it is the most determined.

In the way of martial arts, more important than talent is character!

If they don't have a strong heart, no matter how talented they are, they are destined not to go too far on this path.

In the end, Mark chose four from these thirteen people.

Without exception, they were all four people who stood up to provoke Mark before and were kicked to a broken bone by him.

As for the final candidate, Mark was prepared to make a decision in the future with a rather Que Wulan attitude.

That night, Mark did not return to Qingyang Town, but stayed in a guest house in the military area.

Started to develop a training plan for the Qinglong team.

However, what surprised Mark was that Denren came to him again that night.

“Is there something?” The cold voice, with a kind of indifference that refused to be thousands of miles away.

Denren at the time treated Mark so coldly.

Nowadays, who would have thought that a similar scene would appear again, but the two protagonists had already switched positions.

However, Mark has no hatred for Denren.

More just don't care.

After all, a yellow-haired girl is not qualified to make Mark hate her.

He just treated Denren as a stranger like Croven Li.

“Brother Mark...

“Denren wanted to call her elder brother, but after the claim came to her lips, she changed her mouth after all, “Instructor Chu, I want to join, Team Qinglong.

“Denren lowered her head and said softly. In the words, there was panic and shame. She knew that she was not qualified to ask Mark or anything, but she really didn't want to miss this opportunity. The Azure Dragon team was regarded as The No. 1 Special Team of Vietnam has been cultivated and established. It is undoubtedly the best in terms of resources to enjoy or future prospects. Denren naturally wants to join. Mark did not look up, still sitting at the desk writing notes, facing Denren's words, he replied calmly: “Well, soldiers from the Noifork Military Region want to join.

“Yes...”

Denren struggled, and finally gritted his teeth, “But the Chu instructor and Commander Wuyang prohibit female soldiers from participating in the selection.

I also wanted to join by my own ability, but the commander, they didn't even give me a chance.

“I hope instructor Chu can help me find an opportunity.”

“An opportunity to compete with them on the same stage.”

“”That's it.”

Denren's beautiful eyes were shining, and she looked at Mark with requests and expectations. But unfortunately, Mark still didn't even glance at her, just lowered her head and wrote something. “Since it is the decision of Commander Wuyang, then you should Go find him instead of me.

“Okay, let’s stop here today. I have something to do. Go down.”

Mark waved his hand, as if he didn’t want to waste too much time on Denren. After all, he had nothing to do with the people of the Ye family. If it had been before, Mark might be looking at the face of relatives, maybe he would help her. Once. But now, since he has chosen to be a stranger, why should Mark waste his energy on someone who has nothing to do with it

Chapter 2022

What’s more, because of physiological reasons, women’s physical fitness is inherently different from that of men.

Wuyang’s decision to ban female soldiers from running for the Qinglong team is definitely not unreasonable.

In the end, Denren left in a loss.

On the beautiful face, there are all sadness and bleakness.

A pair of beautiful eyes, also full of red, almost eager to cry.

At this moment, she was walking alone in the darkness outside, with an inexplicable sadness and loneliness in her heart. She felt that the whole world was the only one left.

The next day, Mark did not start high-intensity training.

After all, Croven Li and the others were beaten by Mark yesterday. Today, let them recuperate and only perform some simple physical training.

However, Mark was not idle. He found the logistics department and gave them a list of ingredients.

“In the future, the three meals a day of the Azure Dragon team will be provided according to the specifications written above!” “Also, the medicinal materials I wrote in it must also be prepared tomorrow.”

Martial arts practice requires internal and external Minor.

Besides, it is all kinds of physical training.

Inside, it is naturally dietary conditioning.

After all, if there were not enough food reserves, no matter how good Mark’s training method was, they would not have the energy to practice.

In addition, Mark also modified the Yanglong body formula to a level that ordinary people who are new to martial arts can also practice.

Of course, the power of the Dragon God's body after the reduction was one-tenth inferior to what Mark had cultivated.

But even so, if Croven Li and the others are really successful in their cultivation, the physical strength is still extremely terrifying!

After all, the Dragon God Body is the strongest martial arts discipline in the martial arts world.

Even the power of a few tenths is by no means an ordinary martial arts powerhouse that can contend.

"The training method is almost perfect."

"It's just the fifth candidate of the Azure Dragon team, who should I choose?" Because of the fifth candidate, Mark was once into a tangled.

Even at night, when Mark returned to Qingyang Town, he didn't think of a suitable candidate.

At the same time, Noifork Military Region.

"Lin Fan, what are you doing?" "Please respect yourself!" It was the lunch break, and there were no people around.

Denren had just returned from the shower, wearing a loose long skirt, her hair on her forehead was still wet.

This sturdy girl, who was usually in the bath, now looks very charming.

Naturally, some people are coveted.

"Denren Ye, I like you."

"You promise me, will you be my girlfriend?" "As long as you promise, I will tell my father and let him recommend you to the Qinglong team."

Lin Fan said a little hastily. , Whispered to Denren.

"I'll say it again, get out!" Denren suppressed the disgust in her heart, and shouted sharply, her palms already clenched.

Had it not been for Lin Fan's background, Denren would have already done something to him.

However, Lin Fan didn't seem to have any intention of closing his hand. Instead, he intensified his hands and feet on Denren. Until the end, he directly reached out and hugged Denren's waist.

"This is what you asked for!" Denren was definitely not a submissive temperament. In anger, a set of martial arts punches that Lu Tianhe had learned before instantly punched out.

In the screams, Lin Fan was directly put to the ground by Denren, his knee was lifted and bent by Denren, and his arm was broken.