

chapter 13

I wake up in the middle of the night screaming unsure of where I was. Wanda jump awake and tried to calm me but was unable to. I ran outside trying to get a grip as to where I was. When I had finally calmed down I sat on the porch and wanda came to sit down next to me.

"Hey what the hell was that?"

"You know earlier when I said I didn't like cuddling well it was more I don't like sleeping in a bed. If I ever I get into a deep sleep my nightmares are worse so I try not to sleep or to sleep somewhere uncompy so I don't fall into a deeo sleep. Being around you and in a bed relaxes me but I fall deeper into a sleep"

"Hey its okay we can work on that okay. I can help you. Here let me try something"

"Okay"

"I know this is gonna sound weird but think of the dream you just had. It scared you right?"

"No are you crazy I want to forget it"

"I know but just trust me"

"Fine"

Okay so think about the nightmare I just had. I was in hydra they were torturing me for information. They used electro shock treatment to try to get me to talk. It didn't work so they used something worse. They made me watch as they killed my best friend. I couldn't stop them. I did nothing.

"Okay y/n listen to my voice. Think of something happy now. The best memory you have."

"My mum. She was everything to me before she got killed and I guess my dad. He tries. He didn't give up on me he still sees the good that's why he wanted me on the team. I remember when I was a kid every Wednesday me and my mum and dad would go to joes ice cream and we would all order strawberry Sundays. It was good. Life was good. "

"That's it. Okay. Now think about your nightmare again"

"It's not that scary anymore. I think about my parents instead"

"You did it. Open your eyes" I open them and wanda pulls me straight into a kiss.

"I'm so proud of you y/n"

"Thank you wanda. That was amazing. You are amazing. As soon as we go to Scotland let me take you out on a date. I wanna do this properly maximo "

"I would love that so much"

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