

Medical road

Chapter 63

Both girls have little appetite. The amount of hot pot is not small. Most of them are eaten by Zhang Fan.

Shao Hua's mother recently suffered from scapulohumeral periarthritis. It hurt to death. She went to the hospital once. The doctor prescribed some painkillers and asked her to go home for exercise.

But how do you exercise? The old lady's painful arm dare not lift.

The atmosphere of the meal was pretty good. With Shaohua's adjustment, Jia SuYue didn't hate Zhang Fan very much.

While eating and chatting, and happened to meet a doctor, Shaohua asked Zhang Fan.

"My mother has committed scapulohumeral periarthritis and can't lift her painful arm. She went to the traditional Chinese medicine hospital and prescribed some anti-inflammatory drugs, so she let her go home for exercise. My mother can't lift her painful arm now. How can she exercise?"

Periarthritis of shoulder is characterized by gradual shoulder pain, limited shoulder joint activity and increasing severity. Chronic specific inflammation may seriously affect the functional activity of shoulder joint. Shoulder joint can have extensive tenderness, radiate to neck and elbow, and atrophy of deltoid muscle in varying degrees.

Zhang Fan is happy as soon as he listens to it. Isn't this my specialty. He said, "the general exercise method is to climb the wall, let the aunt face the wall and make the action of climbing the wall, but the pain is severe. And scapulohumeral periarthritis will be more and more painful. It recovers after reaching a pain threshold. This is a self limiting disease. "

"What should I do? My mother was in great pain during the activity. I looked in pain. "

"Oh, why don't I give you a massage to relieve the pain, but the disease needs recovery

time and process."

Shao Hua hesitated and said, "it's no trouble for you. But I can pay for the visit. " Her mother looks very painful. It's OK to relieve the pain a little. She's just a little unfamiliar with Zhang Fan.

"No trouble. My profession is a doctor. I see a doctor. It's the same for everyone."

Zhang Fan is not afraid of trouble at all.

Jia SuYue bit his chopsticks and looked at Zhang Fan. With a bad smile, he said to Shaohua, "there's nothing to be attentive to. There's something wrong!"

Zhang Fan hurriedly said: "this disease is more common in middle-aged and elderly women. When they are old, they are particularly prone to attack."

"Ha ha!" Jia SuYue sneered at Zhang Fan. Zhang Fan didn't have time to talk to her and exchanged contact information with Shaohua. Make an appointment and bring her mother to Zhang Fan tomorrow.

After dinner, they went shopping. Jia SuYue drove Zhang Fan away.

"Don't you see? He looks at you like a wolf and wants to bite you."

Shaohua looked at Jia SuYue and said, "it's exaggerated. If it weren't for my mother's arm, I wouldn't exchange contact information with him. Wouldn't you be unhappy? "

"Don't worry. I don't like him yet. But in other words, it's good to have a doctor at home. If only he were handsome. "

"Well, don't be crazy. Go shopping and go home to cook later."

Shao Hua's parents are ordinary employees of the farm. After years of physical labor, they began to have various small problems. They were overdrawn too much in the past.

The regiment field was set up for the stability of the frontier. Many southerners came all the way to support the frontier. The real thing is to offer their youth and children. Right and wrong, put aside, their contributions to stabilizing the frontier can not be erased.

The regiment field is a special group, which is used for agriculture in leisure time and army in wartime. There is a joke in the frontier that the Uyghur people in the regiment field can't speak Uyghur words. They open their mouth and say, "China!"

Shao Hua's grandfather was from Zhejiang, and the army was transferred to the people in the border area. Her grandfather responded to the national call and took root in the border area. Her grandmother was not bad. Eight thousand Xiang women went to Tianshan Mountain and said her grandmother. This was also the most successful time for the state to aid the border area. Later, Wang Xiaoer spent the new year, which was worse than a year. Whether it was a problem of the times or a problem of personnel quality remains to be verified.

On the deserted Gobi desert, they built cities one after another, lying on the snow and climbing the ice with their hands, and worked hard. Now look at those cities. In fact, they are not just cities, but monuments.

Shao Hua is a member of the third generation of Youth League. She can't see the shadow of a southern girl from her appearance, behavior and accent.

The next day, Shaohua took her mother to find Zhang Fan. Zhang Fan is in love with Shaohua at first sight. He doesn't know, but he just wants to see her.

My fair lady, a gentleman is kind. Maybe he has an eye for Shaohua.

Zhang Fan also specially cleaned himself up and looked in the mirror, en! Yes, a good young man.

Shao Hua's mother has more than 50 people. Although she works in the fields all year round, she can't hide her bookish spirit. He is very kind to others. He is not impatient and makes people feel peaceful at first sight.

Shao Hua's temperament probably comes from her mother.

"Aunt, how long has your arm hurt? Has it been a week?" Zhang Fan asked after a simple physical examination.

"Well, yes, it happened last week. His father can't cook for huazi. "

"Aunt, I'll give you a massage. It hurts a little. As soon as the pain passes, the lifting range of your arm will improve, and your activities will be much better when you go home."

"OK, I can't help it. You start."

Shao Hua, holding her mother's other hand, said to Zhang Fan, "Doctor Zhang, please try to be slow. My mother is old and may not be able to bear it. "

"Don't worry, it'll be fine." Zhang Fan definitely said to Shaohua.

"Hector! He! " Shao Hua's mother's endurance is really strong. Most people can't help the pain of adhesive joints in this activity. Don't shout, many people will cry. She just whispered twice.

Zhang Fan has great strength in his hand. His left hand fixes his shoulder joint and his right hand holds her mother's arm up, down, left and right.

The fibrous layer is thick and tough. It is composed of dense connective tissue and rich in blood vessels and nerves. Spreading the adhesion can accelerate the recovery of the disease.

Shaohua's mother and Zhang fan are sweating. Her mother is painful and Zhang Fan is tired.

After a treatment, Zhang Fan slowly released his arm and said, "aunt, you try."

Her mother slowly lifted her arm, turned back and said to Zhang Fan, "Doctor Zhang, it's much better. Now you can lift it up and touch your head. Thank you. "

"It's okay, it should be. You should do this treatment every day for a week. Stick to wall climbing when you get home

"Thank you, Doctor Zhang. Wipe your sweat." Speaking, Shaohua handed Zhang Fan a paper towel.

"You're welcome. You should." In the hospital, Zhang Fan couldn't say anything, so he took them to the gate of the hospital.

Zhang Fan stood and watched for a long time. He didn't know what was going on. Anyway, he wasn't very comfortable.

He's homesick. As a child, seeing Shaohua holding her mother's back, Zhang Fan also wants his parents.