

# The Return of the God of War [The Protector] Chapter 2565

“Let’s talk about it, what do you plan to do next?”

Levi Garrison asked.

“Next we will look for some orthodox exercises! We have to continue to practice! This kind of quick success will definitely not be practiced!”

“Yes! There are many ancient forces emerging now! Let’s join some, and we will definitely get the opportunity to practice. ! Our path is definitely not only here! We still have to grow!”

...

Everyone said their plans.

However, none of them mentioned Levi Garrison’s basic exercises!

After all, Levi Garrison’s basic exercises are too ineffective...

I can’t see any improvement, who practiced it?

Especially in this fast-paced era, accidentally falling behind.

If you keep practicing that basic exercise, you don’t know where you are behind...

Therefore, no one mentions Levi Garrison’s exercises.

Levi Garrison looked at everyone with a wry smile.

Now everyone's heart is too impetuous.

Even if you know the harm of the quick success method, you still think about how to improve in a short period of time.

They are not suitable for practicing basic exercises at all. Only by abandoning all distracting thoughts and practicing wholeheartedly will it be effective!

For example, I was like this at the beginning.

The practice is too complicated.

Too dependent on the taboo technique!

Use taboo as a life-saving technique!

Especially the sentence Don't use the taboo technique to drag Levi Garrison for how long...In

this way, Levi Garrison has always regarded the taboo technique as a life-saving method, and will never use it when it is not a last resort.

The two come and go, affecting his mood and habits and so on.

Subconsciously feel that the taboo technique is the strongest!

In fact, everything was set by the cheap master for him.

Only to see through everything, to abandon distracting thoughts and mess.

One mind to practice basic exercises!

That is the strongest!

Now Huoyun Cthulhu and Mia are fully committed, but Wen Lei is full of joy and anger, and is also suitable for practice.

All three of them are effective...

because they are taking an extreme route.

So the more they practice each person's breath, the weaker.

This is actually a sign of becoming stronger!

As for Azure Dragon (Qinglong), he has been fishing for three days and drying the net for two days.

Practicing this, looking at that, and thinking about other things...

He has too many thoughts, and his mind is completely out of this technique.

This will definitely not have any effect!

As for everyone in front of them is impetuous, it is impossible to practice their own basic exercises.

Now Levi Garrison also wants to understand.

If it is imposed on them, they will not be able to practice.

You can't do it wholeheartedly at all!

For the time being at this point in time, this basic exercise is not suitable for any of them.

Have to think about other things.

Find some suitable exercises for them...

there is it!

Suddenly Levi Garrison's eyes lit up.

Thought of a great way!

It's not just them.

There are others.

It will be all right!